

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



- Be Adventurous
- Be Challenged
- Be Connected
- Be Family
- Be Inspired
- Be Social
- Be Well

<p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>9:30  Praise and Worship [VLR]</p> <p>1:00  OKC THUNDER VS LAKERS [FLR]</p> <p>1:30  Dominoes [FSR]</p> <p>5:30  Gatham Graham Performs Hymnals [DR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>4</b></p>	<p><b>5</b></p> <p><b>Manicures with Staff</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>11:00  Resident Council Meeting [BLR]</p> <p>1:00  Finish the Phrase [VLR]</p> <p>2:00  Popcorn Social [VLR]</p> <p>3:00  Bingo! [VLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p> <p>8:00  OU Men's Basketball vs West Virginia-ESPN [FLR]</p>	<p><b>6</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>10:00  Bible Study with Mark [VLR]</p> <p>11:00  Out to Lunch Bunch-Please RSVP at the front desk</p> <p>3:00  Dominoes [VLR]</p> <p>3:00  Group Exercise [ER]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Oklahoma State Men's Basketball vs Baylor- ESPN [FLR]</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p> <p>9:30  OKC THUNDER VS WARRIORS [FLR]</p>	<p><b>7</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>10:30  Shopping at Wal-Mart</p> <p>1:00  Finish the Phrase [VLR]</p> <p>2:00  Group Exercise [ER]</p> <p>3:00  Bingo! [VLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>8</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>1:00  Guess the Song [BLR]</p> <p>2:00  Praise &amp; Worship with Trinity Baptist [DR]</p> <p>3:00  Group Exercise [ER]</p> <p>3:00  Sit N Be Fit [ER]</p> <p>4:00  Fiesta Please Join us for chips, salsa, and Margaritas in the Front Sun Room! [FSR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p> <p>9:30  OKC THUNDER VS LAKERS [FLR]</p>	<p><b>1</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>1:00  Guess the Song [BLR]</p> <p>2:00  Praise &amp; Worship with Trinity Baptist [DR]</p> <p>3:00  Group Exercise [ER]</p> <p>3:00  Sit N Be Fit [ER]</p> <p>4:00  Fiesta Please Join us for chips, salsa, and Margaritas in the Front Sun Room! [FSR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>2</b></p> <p><b>National Wear Red Day- Go Red For Womens Health</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>2:00  Women's Health Presentation with Jenifer B. [VLR]</p> <p>3:00  Bingo! [VLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p> <p>8:00  OKC THUNDER VS PELICANS</p>	<p><b>3</b></p> <p>5:15  OU Men's Basketball vs Texas- ESPN [FLR]</p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>
<p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>9:30  Praise and Worship [VLR]</p> <p>1:00  OKC THUNDER VS LAKERS [FLR]</p> <p>1:30  Dominoes [FSR]</p> <p>5:30  Gatham Graham Performs Hymnals [DR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>4</b></p>	<p><b>5</b></p> <p><b>Manicures with Staff</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>11:00  Resident Council Meeting [BLR]</p> <p>1:00  Finish the Phrase [VLR]</p> <p>2:00  Popcorn Social [VLR]</p> <p>3:00  Bingo! [VLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p> <p>8:00  OU Men's Basketball vs West Virginia-ESPN [FLR]</p>	<p><b>6</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>10:00  Bible Study with Mark [VLR]</p> <p>11:00  Out to Lunch Bunch-Please RSVP at the front desk</p> <p>3:00  Dominoes [VLR]</p> <p>3:00  Group Exercise [ER]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Oklahoma State Men's Basketball vs Baylor- ESPN [FLR]</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p> <p>9:30  OKC THUNDER VS WARRIORS [FLR]</p>	<p><b>7</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>10:30  Shopping at Wal-Mart</p> <p>1:00  Finish the Phrase [VLR]</p> <p>2:00  Group Exercise [ER]</p> <p>3:00  Bingo! [VLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>8</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>1:00  Guess the Song [BLR]</p> <p>2:00  Praise &amp; Worship with Trinity Baptist [DR]</p> <p>3:00  Group Exercise [ER]</p> <p>3:00  Sit N Be Fit [ER]</p> <p>4:00  Fiesta Please Join us for chips, salsa, and Margaritas in the Front Sun Room! [FSR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p> <p>9:30  OKC THUNDER VS LAKERS [FLR]</p>	<p><b>9</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>1:00  Guess the Song [BLR]</p> <p>2:00  Praise &amp; Worship with Trinity Baptist [DR]</p> <p>3:00  Group Exercise [ER]</p> <p>3:00  Sit N Be Fit [ER]</p> <p>4:00  Fiesta Please Join us for chips, salsa, and Margaritas in the Front Sun Room! [FSR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>10</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>1:00  Guess the Song [BLR]</p> <p>2:00  Praise &amp; Worship with Trinity Baptist [DR]</p> <p>3:00  Group Exercise [ER]</p> <p>3:00  Sit N Be Fit [ER]</p> <p>4:00  Fiesta Please Join us for chips, salsa, and Margaritas in the Front Sun Room! [FSR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	
<p>2018 Winter Olympics On KFOR channel 4</p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>9:30  Praise and Worship [VLR]</p> <p>1:30  Dominoes [FSR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>6:00  OKC THUNDER VS GRIZZLIES [FLR]</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>11</b></p>	<p>2018 Winter Olympics On KFOR channel 4</p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>9:30  Praise and Worship [VLR]</p> <p>1:00  Finish the Phrase [VLR]</p> <p>2:00  Popcorn Social [VLR]</p> <p>3:00  Bingo! [VLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>12</b></p> <p><b>Manicures with Staff</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>11:00  Resident Council Meeting [BLR]</p> <p>1:00  Finish the Phrase [VLR]</p> <p>2:00  Popcorn Social [VLR]</p> <p>3:00  Bingo! [VLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>13</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>10:00  Bible Study with Mark [VLR]</p> <p>11:00  Out to Lunch Bunch-Please RSVP at the front desk</p> <p>3:00  Dominoes [VLR]</p> <p>3:00  Group Exercise [ER]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>6:00  OU Men's Basketball vs Texas Tech-ESPN [FLR]</p> <p>7:00  OKC THUNDER VS CALVALIERS [FLR]</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>14</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>10:30  Shopping at Wal-Mart</p> <p>1:00  Finish the Phrase [VLR]</p> <p>2:00  Sweets and Valentines Treats [DR]</p> <p>2:00  Group Exercise [ER]</p> <p>3:00  Bingo! [VLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>6:00  Oklahoma State Men's Basketball vs K State [FLR]</p> <p>7:00  OKC THUNDER VS GRIZZLIES [FLR]</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>15</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>1:00  Guess the Song [BLR]</p> <p>2:00  Praise &amp; Worship with Trinity Baptist [DR]</p> <p>3:00  Group Exercise [ER]</p> <p>3:00  Sit N Be Fit [ER]</p> <p>4:00  Joshua Lightfoot Performs [DR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>16</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>1:00  Guess the Song [BLR]</p> <p>2:00  Praise &amp; Worship with Trinity Baptist [DR]</p> <p>3:00  Group Exercise [ER]</p> <p>3:00  Sit N Be Fit [ER]</p> <p>4:00  Joshua Lightfoot Performs [DR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	
<p>2018 Winter Olympics On KFOR channel 4</p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>9:30  Praise and Worship [VLR]</p> <p>1:30  Dominoes [FSR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>18</b></p>	<p>2018 Winter Olympics On KFOR channel 4</p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>9:30  Praise and Worship [VLR]</p> <p>1:00  Finish the Phrase [VLR]</p> <p>1:15  KinderCare Visits-Presidents Day Craft [VLR]</p> <p>2:00  Popcorn Social [VLR]</p> <p>3:00  Bingo! [VLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p> <p>8:00  OU Men's Basketball vs Kansas-ESPN [FLR]</p>	<p><b>19</b></p> <p><b>Manicures with Staff</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>11:00  Resident Council Meeting [BLR]</p> <p>1:00  Finish the Phrase [VLR]</p> <p>2:00  Popcorn Social [VLR]</p> <p>3:00  Bingo! [VLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>20</b></p> <p><b>FAMILY NIGHT</b></p> <p>2018 Winter Olympics On KFOR channel 4</p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>10:00  Bible Study with Mark [VLR]</p> <p>11:00  Out to Lunch Bunch-Please RSVP at the front desk</p> <p>3:00  Dominoes [VLR]</p> <p>3:00  Group Exercise [ER]</p> <p>4:30  FAMILY NIGHT- Appetizers at 4:30 Dinner at 5:15 [DR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>21</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>10:30  Lets go to the Movies- Trip to Hollywood Theatre</p> <p>1:00  Finish the Phrase [VLR]</p> <p>1:30  Dominoes Tournament With Alice- there will be PRIZES [VLR]</p> <p>2:00  Group Exercise [ER]</p> <p>3:00  Bingo! [VLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>22</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>1:00  Guess the Song [BLR]</p> <p>2:00  Praise &amp; Worship with Trinity Baptist [DR]</p> <p>3:00  Group Exercise [ER]</p> <p>3:00  Sit N Be Fit [ER]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p> <p>9:00  OKC THUNDER VS KINGS [FLR]</p>	<p><b>23</b></p> <p>9:00  Easy Listening- Guitar Solo [DR]</p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>1:00  Finish the Phrase [VLR]</p> <p>1:30  Bible Study with Paula [VLR]</p> <p>2:00  Group Exercise [ER]</p> <p>3:00  Bingo! [VLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	
<p>2018 Winter Olympics On KFOR channel 4</p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>9:30  Praise and Worship [VLR]</p> <p>1:30  Dominoes [FSR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>25</b></p>	<p>2018 Winter Olympics On KFOR channel 4</p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>9:30  Praise and Worship [VLR]</p> <p>1:00  Finish the Phrase [VLR]</p> <p>2:00  Popcorn Social [VLR]</p> <p>3:00  Bingo! [VLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  OKC THUNDER VS MAGIC [FLR]</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>26</b></p> <p><b>Manicures with Staff</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>11:00  Resident Council Meeting [BLR]</p> <p>1:00  Finish the Phrase [VLR]</p> <p>2:00  Popcorn Social [VLR]</p> <p>3:00  Bingo! [VLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>27</b></p> <p>9:30  OU Men's Basketball vs Baylor- ESPN2 [FLR]</p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>10:00  Bible Study with Mark [VLR]</p> <p>11:00  Casino Trip with Courtyard- Please RSVP at the Front Desk</p> <p>1:30  Residents Birthday Party [VLR]</p> <p>3:00  Dominoes [VLR]</p> <p>3:00  Group Exercise [ER]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p>	<p><b>28</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>10:30  Shopping at Wal-Mart</p> <p>1:00  Finish the Phrase [VLR]</p> <p>2:00  Group Exercise [ER]</p> <p>3:00  Bingo! [VLR]</p> <p>4:00  Guys Night Poker and Pizza with Rodney H. [BLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p> <p>7:30  OKC THUNDER VS MAVERICKS [FLR]</p>	<p><b>24</b></p> <p>9:30  Silvers Sneakers Walking Club with Vibrant Life Ambassadors Paul and Georgia [ER]</p> <p>1:00  Popcorn Social [VLR]</p> <p>5:00  OU Men's Basketball vs Kansas State-ESPN [FLR]</p> <p>5:30  Resident Choice- puzzles, checkers, dominoes</p> <p>7:00  Turner Classic Movies- Channel 63 [FLR]</p> <p>7:30  OKC THUNDER VS WARRIORS [FLR]</p>		
<p><b>Location Keys</b></p> <p>Back Living Room BLR</p> <p>Dinning Room DR</p> <p>Exercise Room ER</p> <p>Front Living Room FLR</p> <p>Front Sun Room FSR</p> <p>Vibrant Life Room VLR</p>								